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Instructions for Patients Undergoing Oral Surgery and Anesthesia

PLEASE READ AND CLOSELY FOLLOW THESE INSTRUCTIONS

We make every effort to ensure that you have a good outcome following your planned procedure. If you follow these instructions you can better assure your own safety while undergoing the IV general anesthesia/sedation procedure. Please follow these directions. If you have any questions about what you should do, call our office at **931-552-4935/7575**.

EATING OR DRINKING – FAILURE TO FOLLOW MAY RESULT IN CANCELLATION FEE of \$300.00

- **DO NOT EAT OR DRINK ANYTHING FOR 6(SIX) HOURS BEFORE YOUR APPOINTMENT INCLUDING GUM, HARD CANDY, COFFEE, COLA, WATER**
- **DO BRUSH YOUR TEETH AND RINSE YOUR MOUTH BEFORE COMING**

MEDICATIONS

- If you take medication for blood pressure, heart disease, seizures, or thyroid disease you should take these with just enough **water** to swallow the pills – usually less than two ounces of water.
- **Most other medications may be taken after your appointment once you can take food or liquids**
- Diabetics requiring insulin should contact our office if you have a question. Usually we ask that you take only ½ your normal insulin dose if your finger stick is greater than 150mg/dl.
- Diabetics or patients taking Metformin or other diabetes medications by mouth should hold these medications until after the procedure.
- Antibiotics may be taken with just enough water to get them down – usually less than 2 ounces.
- Asthma patients should use their rescue inhaler (Albuterol) one hour before reporting for their procedure
- **IF YOU HAVE ANY QUESTIONS ABOUT MEDICATIONS PLEASE CALL US**

CLOTHING & MAKE-UP

- Wear loose, old clothing – short sleeves are desirable – put long hair in a loose pony tail
- **NO FLIP-FLOPS, HIGH HEELS OR LOOSE SHOES** – these can cause injury while walking after your anesthesia
- No make-up, nail polish, wigs or hairpieces – these interfere with monitoring and safety
- Wear your glasses only - no contact lenses even if you sleep in them

ESCORT & MISCELLANEOUS

- Arrive 15 minutes early – the number one reason we get behind is due to patients being late
- A responsible adult driver with auto must be with you and stay until you are discharged. You will be here for about 1 ½ hours. **PLEASE DO NOT BRING FOOD OR DRINK INSIDE THE OFFICE**
- Please do not bring small children with you.
- If you have a serious illness or are under the care of a physician, tell him/her about your surgical plans. We will contact them if there is a question about your ability to undergo treatment.

PLEASE CALL OUR OFFICE 24 HOURS IN ADVANCE IF YOU NEED TO RESCHEDULE

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